

Subject: [Name], do you know your HIPPA rights?
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MAKING SPACE FOR YOU

Your Weekly Healthcare Newsletter



Your Records, Your Rights A Patient's Toolkit to HIPAA

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When it comes to your health information, privacy isn't just a courtesy—it's your right. Thanks to the Health Insurance Portability and Accountability Act (HIPAA), you have clear protections in place to ensure your medical records are handled with care and confidentiality. But what exactly does HIPAA mean for you as a patient?

HIPAA sets nationwide standards for protecting patient privacy, giving you more say over who can access your health information. Whether you're visiting a doctor's office, undergoing treatment at a hospital, or using a health app to track your wellness, these rules ensure that your data stays secure. Beyond safeguarding your privacy, here are 5 things you need to know before your next appointment...

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